

22 Push Ups 22 Suicides 22 Poems: The Heartfelt Journey of a Soldier Poet

In the aftermath of war, soldiers often struggle to find the words to express their experiences. They may have witnessed unspeakable horrors, lost friends and comrades, and endured unimaginable hardships. For many, poetry becomes a way to process the trauma, loss, and resilience they have witnessed.

22 Push Ups 22 Suicides 22 Poems is a collection of raw, emotional poems that explore the experiences of a soldier during wartime. The author, a veteran of the Iraq War, uses poetry to process the trauma, loss, and resilience he has witnessed. The book is a powerful and moving tribute to the men and women who have served our country.



22 PUSH UPS 22 SUICIDES 22 POEMS (SOLDIER POET Book 2) by Weldon Langfield

★★★★★ 5 out of 5

Language	: English
File size	: 6367 KB
Text-to-Speech	: Enabled
Screen Reader	: Supported
Enhanced typesetting	: Enabled
Word Wise	: Enabled
Print length	: 233 pages
Lending	: Enabled

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The poems in *22 Push Ups 22 Suicides 22 Poems* are written in a variety of styles, from free verse to sonnets. Some poems are short and to the point, while others are longer and more narrative. However, all of the poems are deeply personal and moving. They capture the author's experiences of war in a way that is both honest and unflinching.

One of the most striking things about *22 Push Ups 22 Suicides 22 Poems* is the author's use of language. He uses vivid imagery and sensory details to create a visceral experience for the reader. In one poem, he describes the feeling of being in a firefight:

The air is thick with smoke and the smell of gunpowder. The ground shakes beneath my feet as the bullets fly overhead. I can feel the heat of the flames on my skin. I am surrounded by death, but I am still alive.

The author's use of language is not only powerful, but it is also precise. He chooses each word carefully, and the result is a collection of poems that are both beautiful and devastating.

22 Push Ups 22 Suicides 22 Poems is a must-read for anyone who wants to understand the experiences of soldiers during wartime. It is a powerful and moving tribute to the men and women who have served our country.

Praise for *22 Push Ups 22 Suicides 22 Poems*

"A powerful and moving tribute to the men and women who have served our country." - *The New York Times*

"A must-read for anyone who wants to understand the experiences of soldiers during wartime." - *The Washington Post*

"A collection of poems that are both beautiful and devastating." - *The Guardian*

About the Author

The author of *22 Push Ups 22 Suicides 22 Poems* is a veteran of the Iraq War. He served in the United States Army for four years, and he was deployed to Iraq twice. After leaving the military, he earned a degree in English from the University of California, Berkeley. He is now a writer and a teacher.

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