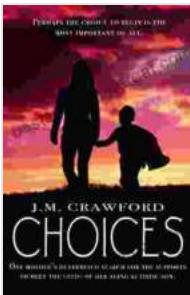


# One Mother's Determined Search for the Supports to Meet the Needs of Her Aging Mother

My mother, a vibrant and independent woman, was diagnosed with Alzheimer's disease at the age of 82. As her condition progressed, I found myself struggling to provide the care she needed while also managing my own life and responsibilities.

I knew that I couldn't do it alone, so I began searching for support. I reached out to friends, family, and neighbors, but no one seemed to have the time or resources to help me. I felt overwhelmed and alone.



## Choices: One mother's determined search for the supports to meet the needs of her aging autistic son.

by J.M. Crawford

★★★★★ 5 out of 5

Language : English  
File size : 4102 KB  
Text-to-Speech : Enabled  
Screen Reader : Supported  
Enhanced typesetting : Enabled  
Word Wise : Enabled  
Print length : 168 pages  
Lending : Enabled



One day, I was talking to my doctor about my mother's care, and she suggested that I contact the local Area Agency on Aging. I had never heard

of this organization before, but I was desperate, so I decided to give it a try.

The Area Agency on Aging was a godsend. They provided me with a wealth of information about resources and services available to help me care for my mother. They also connected me with a support group for caregivers, where I met other people who were going through similar challenges.

With the help of the Area Agency on Aging, I was able to find the support I needed to care for my mother. I hired a part-time home health aide to help with her personal care, and I enrolled her in an adult day care program that provided her with socialization and activities.

My mother's condition continued to decline, but thanks to the support I received, I was able to keep her at home until the end. She passed away peacefully in her sleep, surrounded by her loved ones.

I am so grateful for the support I received from the Area Agency on Aging and the other organizations that helped me care for my mother. I know that I couldn't have done it without them.

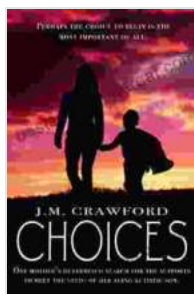
If you are caring for an aging loved one, I encourage you to reach out for help. There are many resources and services available to help you, and you don't have to do it alone.

Here are some tips for finding the support you need:

- Talk to your doctor or other healthcare providers about your needs.
- Contact your local Area Agency on Aging.
- Join a support group for caregivers.

- Research online resources and services.
- Don't be afraid to ask for help from friends, family, and neighbors.

Caring for an aging loved one can be a challenging journey, but it doesn't have to be done alone. With the right support, you can provide your loved one with the care they need while also maintaining your own well-being.

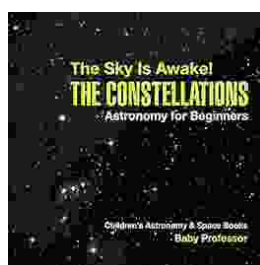


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